

Self Evaluation form for SMS Service Hours Project

School Name:

Student ID#:

Year:

(This form must be attached to the Activity Sponsor's Evaluation format the end of each activity.)

Student's Name: _____

Name of Project: _____

***Students must complete a copy of this form at the end of each activity. Type the information of write legibly using black ink.**

Directions: Within two weeks of the completion of the hours, you must submit this form to the Dean of Students. The reflections should be in essay format with **a minimum of 150 words in length**. Make sure to attach this page to any typed reflection. Your essay should explore your experience. Consider the following questions:

*What did this activity provide?

*What did you observe?

*Do you feel you made a difference?

*Did anything surprise you?

*What did you learn about yourself?

*How did this project/activity benefit others?

*What did you learn about the people who worked with you on this project?

(You may use the available space on the front and back of this sheet for your reflection.)
