

DINING HALL 2016-2017

Due to studies concerning childhood obesity and foods with minimal nutritional values (MNVs), St. Mary's Dining Hall does its best to follow the guidelines for healthy foods in conjunction with the rest of the State of Texas. For more information please visit the following government website: www.TexasDepartmentAgriculture.com.

The food served in St. Mary's Dining Hall is prepared fresh daily. Foods that are appealing to a child's taste and appetite are fixed, while maintaining the highest quality of products offered for food service.

LUNCH PRICES:

Student/Child Visitor	\$4.00
Teacher/Staff/School Volunteers/Adult Visitors	\$4.00
Ala Carte/Extra Entree w/lunch ("doubles")	\$1.75
Baked Potato	\$4.00
Salad Bar Entree	\$4.00
Soup of the Day	\$4.00
Soup <i>and</i> Salad	\$5.75
Baked Potato <i>and</i> Salad	\$5.75
Side Salad	\$1.50
Ala Carte Vegetable	\$1.00
Yogurt/Fresh Fruit/Granola Bars	\$1.00
Snack Items (Baked Chips, Crackers, Goldfish, etc.)	\$0.75
Milk/Juice	\$0.50
Specialty Drinks (Izze, etc. – Upper School only)	\$1.00
Ice Cream	\$1.00
To Go Containers/Cups (additional charge)	\$0.25

SNACK TIME (EC/Kindergarten): Snack time is scheduled each day for our youngest students. The EC/K snack fee (pre-paid each semester) provides nutritious snacks such as raisins, fruit, crackers with cheese, etc. Milk and juice are extra based on the prices listed above. These snacks are occasionally for sale for Grades 1-3, or similar nutritious snacks may be brought from home. PLEASE DO NOT SEND SWEETS OR CANDY!

LUNCH SNACKS: Students may purchase milk or juice and snacks on account during lunch time (& snack time). Selections and prices vary and may include fresh fruit, raw vegetables & dip, baked chips, pretzels, nuts, cheese & crackers, etc.

Cost: \$0.75 - \$1.00

\$0.75 (chips, crackers, goldfish, etc.)

\$1.00 (yogurt, fruit, granola bars, etc.)